

Lonesome Swing

Choreographed by Dave & Lesley Mather (www.silverwingswdc.co.uk) (davemather@excite.com)

Description 64 count Partner Dance,. Starting Man on inside, both facing LOD, holding inside hands. Opposite footwork throughout.

Music A Real Good Way To Wind Up Lonesome - James House, CD 'Days Gone By'

Teaching Track: Take Me Away - James House, CD 'Days Gone By'

1-8 Rt Kick ball-change x2, walk, walk, shuffle.

1&2, 3&4 Rt kick ball-change twice. **(Lady kicks on Lt.)**.

5-6,7&8 Walk fwd Rt, Walk fwd Lt, Rt shuffle fwd.

9-16 Lt Kick ball-change x2, walk, walk, shuffle.

1&2, 3&4 Lt kick ball-change twice. **(Lady kicks on Rt)**.

5-6,7&8 Walk fwd Lt, Walk fwd Rt, Lt shuffle fwd.

17-24 Step turn ½ Lt, Step turn ¼ Lt, Weave, point Lt.

1-4 Step fwd Rt, ½ turn Lt, Step fwd Rt ¼ turn Lt.

5-8 Cross Rt over Lt, step Lt to Lt, cross Rt behind Lt, point Lt to Lt side. **(Lady: cross Lt over Rt.)**

(Note: Count 18 Lady turns Rt.)

Hands: Release hands on count 17. Pick up double hand hold on count 21

25-32 Step Lt, point Rt, Step Rt, touch Lt, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt.

1-4 Step Lt in place, point Rt to Rt, Step Rt in place, touch Lt in place.

5&6,7&8 Turning clockwise, shuffle ¼ turn LRL and ¼ turn RLR.

Hands: Count 29 change to swing hold.

Note: Counts 29 – 40 danced as East Coast Swing

33-40 Rock, Step, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt, Rock, Step

1-2, 3&4 Rock Lt behind Rt, Recover on Rt, Turning clockwise, shuffle ¼ turn LRL.

5&6,7-8 Turning clockwise, shuffle ¼ turn RLR, Rock Lt behind Rt, Recover on Rt.

41 – 46 Lt Shuffle Fwd, Turn ½ Lt & Rt shuffle Bwd, walk back Lt Rt

1&2,3&4 ¼ turn Lt & Lt shuffle down LOD, Turn ½ Lt and Rt shuffle back.

5-6, Step back Lt, Rt.

Hands: Count 41 hold inside hands. Count 43 release hands to turn and pick up inside hands.

47-52 ½ Lt & Lt shuffle Fwd, changing sides. Rt shuffle Fwd, walk fwd Lt, Rt

1&2,3&4 Turn ½ Lt and Lt shuffle diagonally fwd,**(Changing sides)**, Rt shuffle fwd

5-6 Step fwd Lt & Rt

Hands: Counts 47 & 48, Lady turns & changes sides under gent's Left hand

53-56 Step turn ½ Rt, Step turn ¼ Rt

1-2 Step fwd Lt, ½ turn Rt,

3-4 Step fwd Lt ¼ turn Rt

Hands: Release hands on count 53, rejoin in double hand hold on count 56.

57-64 Weave, point Rt, ¼ Rt shuffle to Rt, Lt shuffle fwd.

1-4 Cross Lt over Rt, step Rt to Rt, cross Lt behind Rt, point Rt to Rt side. (Lady: cross Rt over Lt.)

5&6 ¼ turn Rt on Rt shuffle crossing behind lady. (Lady shuffles to outside LOD)

7&8 Lt shuffle fwd.

Hands: Count 60 release gents Lt hand. Count 61&62 lady changes side under gent's right hand.

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