

THE HAPPY CIRCLE



Chorégraphe : Judy McDONALD - Oakville , ONTARIO - CANADA / Octobre 1999

CIRCLE Dance : 32 temps

Niveau : ultra-débutant

Musique : **Are you happy circle - Lee Roy PARNELL & Keb MO - BPM 88 / 176**

Traduit et préparé par Irène COUSIN, Professeur de Danse - 2 / 2014

Chorégraphies en français, site : <http://www.speedirene.com>

Introduction : 32 temps

LEFT TOE STRUT, RIGHT TOE STRUT

LEFT HEEL FORWARD, HOLD, LEFT TOE BACK, HOLD

- 1.2 *TOE STRUT G avant* : TOUCH BALL PG avant - *DROP* : abaisser talon G au sol
- 3.4 *TOE STRUT D avant* : TOUCH BALL PD avant - *DROP* : abaisser talon D au sol
- 5.6 TOUCH talon G avant - **HOLD**
- 7.8 TOUCH pointe PG arrière - **HOLD**

LEFT TOE STRUT, RIGHT TOE STRUT

LEFT HEEL FORWARD, HOLD, LEFT TOE BACK, HOLD

- 1.2 *TOE STRUT G avant* : TOUCH BALL PG avant - *DROP* : abaisser talon G au sol
- 3.4 *TOE STRUT D avant* : TOUCH BALL PD avant - *DROP* : abaisser talon D au sol
- 5.6 TOUCH talon G avant - **HOLD**
- 7.8 TOUCH pointe PG arrière - **HOLD**

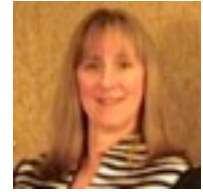
LEFT VINE, TOUCH, RIGHT VINE, TOUCH

- 1.2.3 *VINE à G* : pas PG côté G - CROSS PD derrière PG - pas PG côté G
- 4 TAP PD à côté du PG
- 5.6.7 *VINE à D* : pas PD côté D - CROSS PG derrière PD - pas PD côté D
- 8 TAP PG à côté du PD

LEFT VINE, TOUCH, RIGHT VINE, TOUCH

- 1.2.3 *VINE à G* : pas PG côté G - CROSS PD derrière PG - pas PG côté G
- 4 TAP PD à côté du PG
- 5.6.7 *VINE à D* : pas PD côté D - CROSS PG derrière PD - pas PD côté D
- 8 TAP PG à côté du PD

The Happy Circle



Choreographed by **Judy McDONALD** - 10/1999

Description : 32 count CIRCLE Dance

Music : **Are you happy Baby by Lee Roy PARNELL with Keb MO**

Position : Form two circles, preferably with the same number of people (or close to it) in each. The outside circle faces LOD, the inside circle faces RLOD. Circles should be fairly close together, but try not to be too close to the person in front of you-it could hurt!

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT HEEL FORWARD, HOLD, LEFT TOE BACK, HOLD

1-4 Step left toe forward, drop left heel, step right toe forward, drop right heel

5-8 Touch left heel forward, hold, touch left toe back, hold

During the chorus, wave your hands in the air and join in on the "yeah, yeah!"

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT HEEL FORWARD, HOLD, LEFT TOE BACK, HOLD

1-4 Step left toe forward, drop left heel, step right toe forward, drop right heel

5-8 Touch left heel forward, hold, touch left toe back, hold

During the chorus, wave your hands in the air and join in on the "yeah, yeah!"

LEFT VINE, RIGHT VINE

1-4 Step left to side, step right behind left, step left to side, touch right beside left

Do this while passing between the two people beside you in the other circle. In doing this, you will vine on a slight diagonal, which will make the circle move forward

5-8 Step right to side, step left behind right, step right to side, touch left beside right

Do this while passing between the two people beside you in the other circle. In doing this, you will vine on a slight diagonal, which will make the circle move forward

LEFT VINE, RIGHT VINE

1-4 Step left to side, step right behind left, step left to side, touch right beside left

Do this while passing between the two people beside you in the other circle. In doing this, you will vine on a slight diagonal, which will make the circle move forward

5-8 Step right to side, step left behind right, step right to side, touch left beside right

Do this while passing between the two people beside you in the other circle. In doing this, you will vine on a slight diagonal, which will make the circle move forward

REPEAT

When you do the four vines, you are weaving in and out of the other circle. You will end up in your original spot (if you were the outside circle, you will always start the dance in the outside circle). Be careful and have fun!

<http://www.judymcdonald.ca/Choreography.htm>